## I·CARE Achievers Programme 2019-20

The motto of The Chinese University of Hong Kong (CUHK) is "Through Learning and Temperance to Virtue". It could be perceived as the prototype of "Whole-person Development". To motivate students to take solid action in pursuit of whole-person development, the *I-CARE Achievers Programme* is rolled out in 2018-19 and will be run for three years. This programme is chiefly sponsored by Tin Ka Ping Foundation and overseen by Prof. Joseph Sung, Former Vice-Chancellor and President of CUHK. It is divided into two parts - "Value Exploration Series" and "Core Group Nurture". While the former is open for all CUHK students and staff, the latter will serve 30 to 50 students a year.

#### **Value Exploration Series**

This section aims to enhance the self-awareness and positive value of CUHK members, so as to promote positive development of the community and the world. Ms. Christine Ma-Lau, Founder & Chairperson of Character Education Foundation and Principal of JEMS Character Academy has been invited to serve as advisor of this section.

A series of activities under this section have been planned with the following details. Other activities will be announced from time to time.

Activity	Date	Details	Target
Character Day Hong Kong 2019 - Appeal for Footage of Activities on "Live Out Love"	28 Sept 2019 – 30 June 2020	-	University units and student bodies
Retreat Day	2 Nov 2019	Casphalt	Students
(Cancelled) Workshop on Value Clarification*	20 Nov 2019	Room 502, Wong Foo Yuan Building	Students
3 Day 2 Night Camp^	19-21 Dec 2019	Yi O Agricultural Cooperation and Hong Kong Shaolin Wushu Culture Centre	Students

<sup>\*</sup>Tutor of this Workshop will be Ms. Irene Ng, the Director of this Centre (Certified Facilitator in the Student Leadership Challenge®)

<sup>^</sup>During the days, there will be farming and adventure-based activities. In the evenings, multiple functions, such as open-air movie screening cum debriefing and open forum, will be held.

# Enquiry

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#### 2019-20 博群踐行者計劃

香港中文大學(中大)校訓為「博文約禮」,致力培養德智並重的學生,此教育規訓正是「全人發展」的原型。為促成學生均衡與整全的成長,中大於二 O 一八至一九年度推出「博群踐行者計劃」,持續三年。此計劃以田家炳基金爲主要贊助單位、前校長沈祖堯教授為監督,共分為兩部份 —— 價值探索系列及核心小組培育;前者面向所有中大師生,後者則針對每年 30 至 50 名成員。

## 價值探索系列

此部份希望透過一系列價值探索及品格建立活動,提升中大成員的自我認識及良好素質,以促進社群及世界的正面發展。此部份得到品格教育協會創辦人及主席暨 JEMS Character Academy 校長劉馬露明女士出任顧問。

價值探索系列將於 2019-20 上學期推出下列活動,並會陸續更新:

活動	日期	地點	對象
「 2019 香港品格日」—— 徵求「活出愛」活動資料	2019年9月28日至 2020年6月30日	-	大學部門 及學生團體
退修日	2019年11月2日	清山塾	學生
(取消)價值審視工作坊*	2019年11月20日	王福元樓 502 室	學生
三日兩夜營會^	2019年12月19日至21日	二澳農作社及香港 少林武術文化中心	學生

<sup>\*</sup>導師為本中心主任伍慧明女士(Certified Facilitator in the Student Leadership Challenge®)

<sup>^</sup>營會包括多元化活動,日間以生態導賞、農耕體驗和少林早操等活動為主,晚上則安排電影放映和名人分享會等。

# 查詢

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